

# CUATRO CIENEGAS THE ORIGIN OF LIFE

COAHUILA

Cuatro Cienegas, a magical town located in the central region of Coahuila, a valley nestled in the desert, where you can find large houses, the church of San Jose in front of it is located the kiosk in its main square, the Museum Casa de Venustiano Carranza and other great attractions.



## Why visit Cuatro Ciénegas?

It is an iconic place in Mexico that contains one of the greatest biodiversities in the world and unparalleled landscapes.

Let's start our tour of **Poza Azul**, when visiting it you can admire its turquoise and blue colors, the beauty and mystery of its waters are an enigma because they have protected the secret of life's origin for millions of years. Scientific studies are carried out in this scenario because the minerals and cyanobacteria it contains are the first type of life that existed on Earth.

The **Dunas de Yeso**, are composed of approximately 800 hectares of extremely white sand like snow, in the world there are only four regions with this characteristic and in Mexico you can enjoy this exotic place, if you go deeper you can find the most famous dune known as "El Castillo" which is 12 meters high.

**Mina de Mármol** (Marble mine), the perfect place to capture in a photograph, framed by marble walls with a height between 12 and 15 meters, in this space you can appreciate snails, river stones and even sea shells.

Venustiano Carranza is a political, military and Mexican entrepreneur, an iconic character of our country because he participated in the Mexican Revolution, was Governor of Coahuila, President of Mexico and Father of the Political Constitution of the United Mexican States. He was born in Cuatro Cienegas Coahuila and you can now visit his house, hosting the Museum "**Casa de Venustiano Carranza**", tour its ten rooms showing you his childhood, how he spent his family, educational and political life; learn about the fascinating history of this important Mexican character.

Close the tour with a glass of regional wine, remembering that Coahuila is currently Mexico's second largest wine producer.

Visit this incomparable magical town surrounded by mysteries, unique beauty and declared a protected natural area for its valuable biodiversity.



# MONTERREY – GRUTAS DE GARCÍA

NUEVO LEON

Within this route you will find various attractions and activities that you can do according to your preferences where the main destination is the Grutas de Garcia (Garcia Caves). Starting from the historic center of Monterrey we will head south east along the metropolitan axis on which we will find three emblematic places of this state:

- **The Arena Monterrey**

The Arena Monterrey is a show center which has an incredible architectural design and intelligent facilities. National and international sporting events, national and international cultural events, conventions and exhibitions, world-class musical concerts and private events are held here.

- **Paseo de Santa Lucía**

It is a recreation park which has the longest artificial river in Latin America with an extension of 2.5 kilometers. Here you can enjoy taking a break, walking, running or going to eat at one of the restaurants it has, it is also a place that has infrastructure for access to people with disabilities.

- **Parque Fundidora**

It is a multifunctional park with free access which houses a museum of industrial archaeology with great historical value and represents an invaluable heritage for Monterrey.

Following the metropolitan axis you will find the detour to Paseo de los Leones Avenue which will take you directly to the Teleférico where you can enjoy an impressive view of the city, as well as access to the Grutas de Garcia.

However, if heights are not your thing, you can also access the caves by land.

- **The Garcia Caves**

These caves were discovered in 1843, inside you can see the various formations which allude to a theater, a coffin, the hand of a dead, hell, a Christmas tree, as well as some fossil remains. It also has a viewpoint.



**CONEXSTUR**